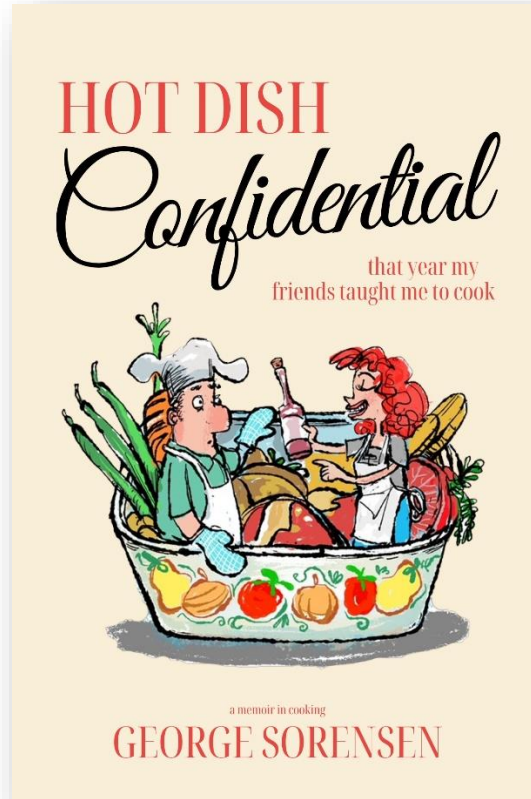




PRESS RELEASE
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Hot Dish *Confidential*

That Year My Friends Taught Me to Cook

By George Sorensen

Flexible Press

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Join George Sorensen's culinary revolution and be prepared for an unforgettable journey of flavor, camaraderie, and adventure.

George wants to learn how to cook, Not just cook, but to prepare a truly great meal. He recruits a group of amateur gourmets to come to his little Minneapolis bungalow, prepare a meal together, and show him the ropes.

George embarks on a year-long gastronomic journey from goose to rattlesnake. He samples the delights of wild mushrooms, the flavors of the oceans, and a Charles Dickens Christmas with a mouthwatering pheasant pie. Along the way there will be wine, lots of wine.

Join George on a culinary journey that will transform your taste buds and ignite your passion for cooking. As a bonus, you might even find yourself earning a blue ribbon for your homemade jam at the Minnesota State Fair or stumbling upon your future wife amidst blooming apricot trees.

Advance praise for *Hot Dish Confidential*:

"In *Hot Dish Confidential*, George Sorensen takes the reader on a wild and hilarious adventure as he learns to be a gourmet cook. He does this by throwing dinners featuring different countries—France, Italy, Germany, to name a few. ... In the end he not only conquers the feast, he romances a lovely fellow chef and their jam takes honors at the state fair. *A piece de resistance* indeed!" —Mary Logue, author of *The Big Sugar*

"*Hot Dish Confidential* will charm you, make you laugh, and teach you how to cook. It is impossible to resist the story of how apricot jam can lead you to the love of your life." —Lynn Hightower, internationally bestselling author of *The Beautiful Risk*

ABOUT THE AUTHOR

George Sorensen has written books about freelance writing and a history of an army unit in Montana who tried to replace the horse with the bicycle, titled: *Iron Riders*. For years he wrote marketing communications and documentation for 3M, Nike, Boeing and other companies. He helped launch new products to market including PostIt Notes and worked with NASA on the Mars Program. Now he writes novels and non-fiction books—keep an eye out for them. George lives in the Pacific Northwest.

